

# BUILD & AFTER SCHOOL

LETSGOPLAY.ORG



## WHY BUILD?

WITH AN ABUNDANCE OF  
LOOSE PARTS

*Loose parts do not have a definite set of instructions or purpose until children give it a purpose. Examples include cardboard boxes, tape, paper tubes, fabric, blocks, art supplies.*

## SKILLS CHILDREN LEARN

- FINE MOTOR DEVELOPMENT
- PROBLEM SOLVING
- IMAGINATION
- CREATIVITY
- TEAMWORK
- SCIENCE
- TECHNOLOGY
- ENGINEERING
- MATHEMATICS
- PERSISTENCE
- SENSE OF ACCOMPLISHMENT

## BENEFITS OF CHILD-INITIATED CREATIVE PLAY

- PHYSICAL HEALTH
- ACADEMIC SUCCESS
- SOCIAL & EMOTIONAL INTELLIGENCE
- COMMUNICATION
- ATTENTION
- EXECUTIVE FUNCTIONING
- REDUCES STRESS & ANXIETY
- ADAPTABILITY
- FUN & JOY

## WHY ?



*Play is a process that is freely chosen, personally directed and intrinsically motivated. Child determine and control the content and intent of their play, by following their own instincts, ideals and interests, in their own way for their own reasons. - Playwork Principles*

## WHY AFTER SCHOOL?



## CREATIVE & PHYSICAL OUTLET

- 90 MINUTES OF UNINTERRUPTED FREE TIME
- SAFE OPEN OUTSIDE SPACE
- SCREEN-FREE
- ADULT SUPERVISED
- FREE FROM ACADEMIC & ADULT AGENDAS
- CHILDREN HAVE THE TIME, SPACE & FREEDOM TO CREATE SOMETHING NEW AND PLAY

TO LEARN MORE  
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